

## Essential Health Services

### UHCs (Urban Health Centres)

<b>Sl.No</b>	<b>Health Services</b>	<b>First point of Service delivery</b>
1.	Maternal Health	ANC, PNC, Initial management of complicated delivery cases and referral, management of regular maternal health conditions, referral of complicated cases.
2.	Family Welfare	Distribution of OCP/CC, IUD insertion, referral for sterilization, management of contraceptive related complications.
3.	Child health and nutrition	Diagnosis and treatment of childhood illnesses, referral of acute cases/chronic illness. Identification and referral of neonatal sickness.
4.	RTI/STI (including HIV/AIDS)	Symptomatic Diagnosis and primary treatment and referral of complicated cases.
5.	Nutrition deficiency disorders	Diagnosis and treatment of seriously deficient patients, referral of acute deficiency cases.
6.	Vector-borne diseases	Diagnosis and treatment, referral of terminally ill cases.
7.	Mental Health	Initial screening and referral
8.	Oral Health	Diagnosis and referral
9.	Chest infections (TB/Asthma)	Diagnosis and treatment, referral of complicated cases.
10.	Cardiovascular diseases	Diagnosis and treatment and referral during specialist visits.
11.	Diabetes	Diagnosis and treatment , referral of complicated cases.
12.	Cancer	Identification and referral, follow up of under treatment patients.
13.	Trauma care (burns and injuries)	First aid, emergency resuscitation, documentation for MLC (if applicable) and referral
	Other support services	
1.	IEC/BCC	Distribution of health education material.`
2.	Counseling	Patient/ attendant counseling